



IFSSH
Mid Term Course
Second Ecuadorian
Hand Surgery Congress

Event Organized By



**INTERNATIONAL
FEDERATION OF SOCIETIES
FOR SURGERY OF THE HAND**



ECUMANO
SOCIEDAD ECUATORIANA
DE CIRUGÍA DE LA MANO



Jan 31-Feb 3
2024

**QUITO
METROPOLITAN
CONVENTION
CENTER**



IFSSH Mid Term Course

Second Ecuadorian Hand Surgery Congress

31 JANUARY - 3 FEBRUARY 2024
METROPOLITAN CONVENTION CENTER - QUITO

ECUMANO and Ecuador, are very proud and feel honored to have been designated as the venue for the first IFSSH Mid Term Course - (International Federation of Societies for Surgery of the Hand).

This event has worldwide importance for hand surgery and will be carried out jointly with the II Ecuadorian ECUMANO Congress

It will take place from January 31 to February 3, 2024 in Quito city, the Quito Metropolitan Convention Center has been selected as the venue for this great scientific event.

The course will be developed in a hybrid, face-to-face and virtual modality.



ECUMANO

SOCIEDAD ECUATORIANA
DE CIRUGIA DE LA MANO



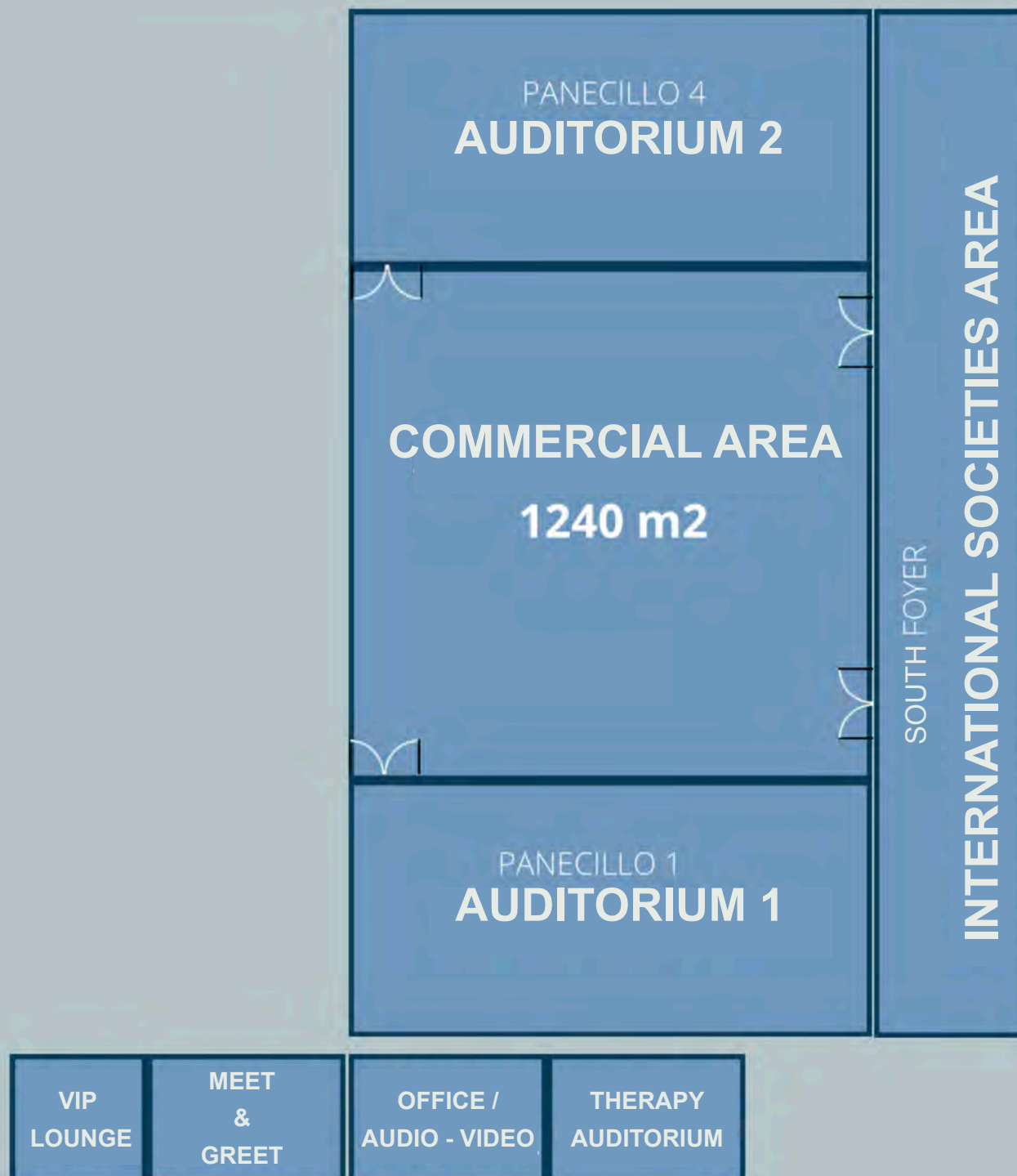
- We will have representatives from all continents, highly renowned Speakers.
- Will address current issues of hand surgery for specialists in hand surgery, orthopedic surgeons, neurosurgeons, plastic surgeons and postgraduate residents of these specialties at a national and international level.
- The scientific program will include conferences, case discussions, forums, practical workshops and scientific talks organized by industry.





Quito Metropolitan Convention Center

The venue is located in a strategic city area, its near from the Bicentennial Park
In the place where was located the former Quito Airport
It has environmental international LEED certification and universal accesibility.



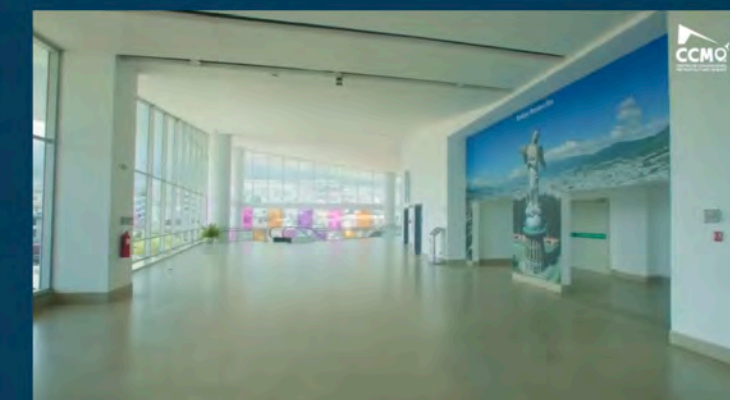
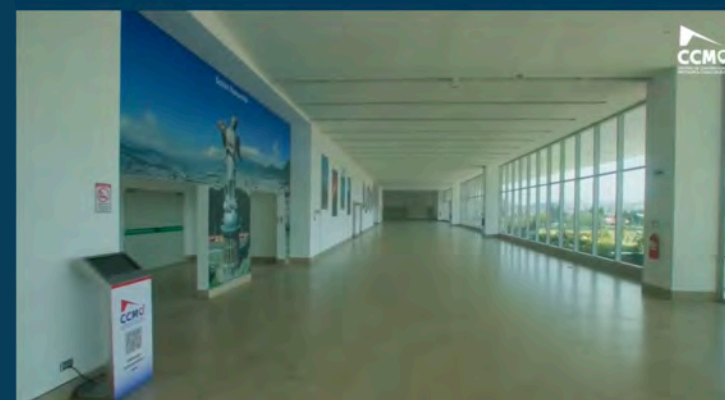
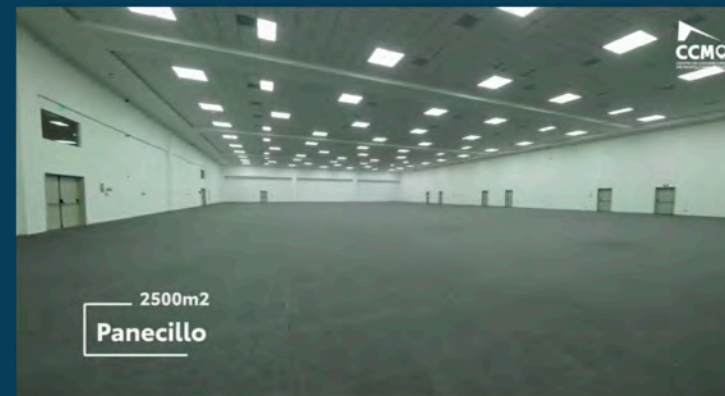
One of the most modern Latin America Convention centers, it has all the necessary characteristics to be one of the most important parts to develop great events, national and international conferences, all surrounded by a natural environment.

In the second floor it has a big event room (Panecillo) with 2.500 m², this room can be divided in 4 different soundproof rooms.

COURSE DISTRIBUTION



- AUDITORIUM 1
- AUDITORIUM 2
- COMMERCIAL AREA
- INTERNATIONAL SOCIETIES AREA - SOUTH FOYER
- THERAPY AUDITORIUM
- ECUMANO OFFICE
- AUDIO / VIDEO
- MEET & GREET
- VIP LOUNGE



GENERAL INFORMATION

DISCOVER ECUADOR

ECUADOR

The Country of the Four Worlds opens its doors to offer you the most fascinating tourist travel experiences. Our four regions (Galapagos, Coast, Andes and Amazon) awaits for you with unique natural scenery, ancient cultures, otherworldly flavors and a thousand authentic adventures. Be part of the Ecuador experience!



Documents needed for travel

Ecuadorian citizens

Passport
Emergency passport
Identity card or DIN
Safe Pass

Foreign citizens

Valid and current passport (6months validity minimum)
Identity card or DNI for South American citizens

Citizens who require visa to enter Ecuador



- Afganistan
- Bangladesh
- Eritrea
- Etiopia
- Kenia
- Nepal
- Nigeria
- Pakistan
- Somalia
- Senegal
- Cuba
- Venezuela

It is likely that the Migration Offices will request to see proof of a return ticket to verify that tourists will not overstay their 90-day limit.

Asset entry control

According to the Organic Law of Prevention, Detection and Eradication of Money Laundering and Financing Crimes, all passengers arriving to or departing from the country with cash equal to or greater than ten thousand United States Dollars (USD 10,000.00) or its equivalent in other currencies must declare it to the authorities.



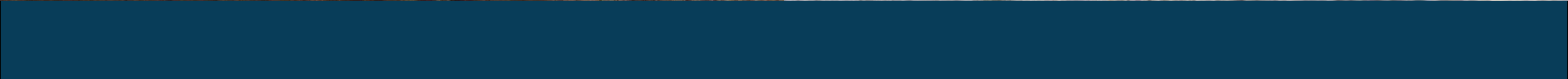
Climate

Ecuador has a tropical climate that varies with altitude and regions. The weather can be very variable on the same day, but it is usually very pleasant with a feeling of eternal spring. There are mainly two seasons, although with climate change the seasons are less defined than before:

- In winter, from December to May, when the weather is warm and rainy.
- In summer, from June to November is the dry season, with cooler temperatures.
- However, Ecuador has very different microclimates depending on the four main areas

The climate of the Sierra varies with altitude. The Sierra rises from 500 meters above sea level, to 5,000 to 6,000 m of the highest peaks. The weather is subject to altitude and the temperature loses around 5°C every 200 m. Variations in precipitation and atmospheric pressure produce differences in vegetation at the same altitude. The valleys experience temperatures between 14 and 19 °C. The dry season lasts from June to end





Money

- Since September 2000, U.S. Dollar is the official currency in Ecuador, we recommend to come with some dollars (+- 20 USD) because can be difficult to buy it, or bring a credit or debit international card to obtain it in an ATM



Electricity

For Ecuador there are two associated plug types, types A and B. Plug type A is the plug which has two flat parallel pins and plug type B is the plug which has two flat parallel pins and a grounding pin. Ecuador operates on a 120V supply voltage and 60Hz.



Other Recommendations

- Maintain frequent communication with your family and friends.
- Always leave valuables in the hotel safe.
- Be cautious when visiting busy places or when you go to bars or clubs.
- If you require information, ask for it at the hotel reception, tour operators or friends who live at the destination you are visiting. If possible, do not consult with strangers.



In Case of Emergency you can call 911

ADVENTURE



To ensure the safety of travelers that enjoy adventure tourism in Ecuador, the Ministry of Tourism has created a regulatory framework for adventure-related activities.

The different kinds of adventure activities are classified according to the natural element where they are performed (land, water or air) and include:

- Land**
 - Horseback riding
 - Canyoning
 - Bicycle Touring
 - Climbing
 - Caving
 - Mountain climbing
 - Trekking

Water

- Recreational activities using motorized vessels (buoys, inflatable bananas, parasailing and water skiing).
- Diving
- Sea/lake kayaking
- River kayaking
- Kitesurfing
- Rafting
- Snorkeling
- Surfing
- Tubing

Air

- Hang-gliding
- Canopying
- Paragliding

***To perform any of these activities, please consider the following recommendations:**

- Recognize if you have the required physical ability for each adventure activity.
- Hire a registered tour operator.
- Ensure that adequate safety equipment is used.
- The consumption of narcotics and alcohol is forbidden.
- Use repellent and sunscreen in the mountains and in warm tropical zones.
- Wear appropriate clothing for each adventure activity.
- Bring along hydrating beverages and other items depending on the activities and requirements of the tour or visit planned.

PUBLIC SAFETY



For Emergencies:

- If you travel with a Smartphone, you can install the free ECU 911 app published by the Integrated Emergency Service to report an emergency and receive an immediate response.
- Dial 911 and report any emergency or if you witness any unlawful act.
- To report a theft, please visit to file a claim: <https://www.fiscalia.gob.ec/denuncias-on-line-para-turistas/>

Recommendation if traveling in rental cars:

Remember that the speed limits in Ecuador are:

- 50 km per hour in the city
- 90 km per hour on perimeter roads
- 100 km per hour on highways

Avoid fines by respecting speed limits.

Safe Transport (Transporte Seguro)

Ecuador has a safe transport system, with vehicles registered and recognized by the National Transit Agency.



In banks and at ATMs:

- If you need to exchange money, do it exclusively in banks or currency exchange offices. If possible, do it in a bank branch that is inside a Shopping Center.
- If you go to the bank or an ATM, try to be accompanied.
- Use ATMs in well-lit public places.
- Do not accept the help or company of strangers.



COME TO ECUADOR

WE WAIT FOR YOU!



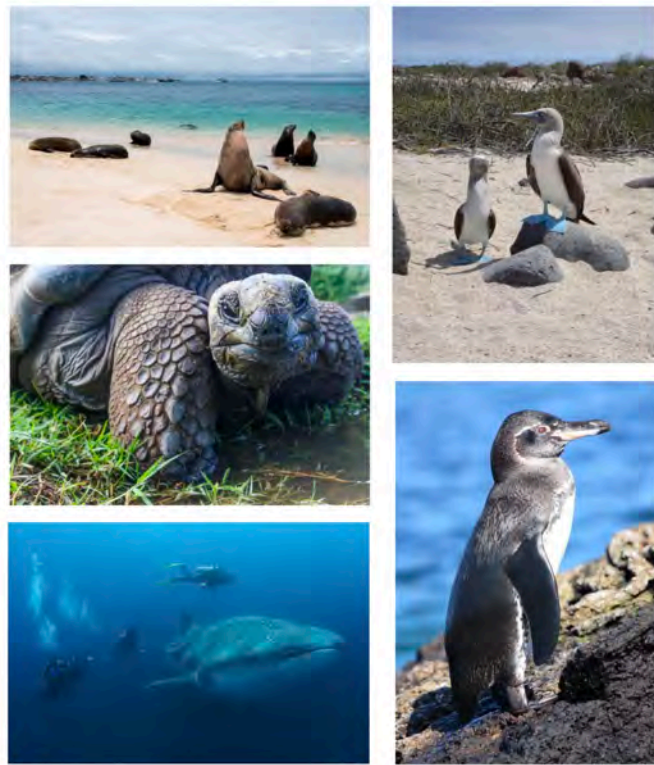
Galapagos

Imagine swimming among sharks, walking alongside giant tortoises, sea lions, blue-footed boobies and dazzling yourself with unique landscapes in the world; to understand it you should only visit the legendary and enchanting Galapagos Islands in Ecuador.

The archipelago, considered an earthly paradise with 13 major islands, 5 medium islands and 215 islets, is the home of marine species and exotic birds. This conglomerate of life can be admired up close as you discover dreamy natural scenarios.

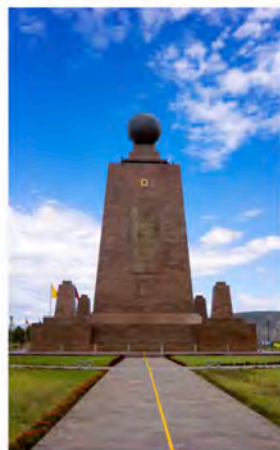
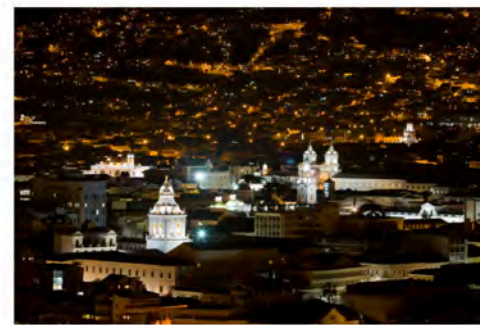
The Galapagos Islands were discovered by accident in the year 1535 being called firstly as "Enchanted Islands". In 1835 it was the well-known English naturalist Charles Darwin who fell in love with this place, which he used as a natural laboratory. In 1978, UNESCO declared them Natural Heritage of Humanity.

There is no other place like it in the world, so in the Galapagos Islands you will experience unique and unrepeatabe experiences.



Quito

Surrounded by spectacular mountains and volcanoes, Quito presents wonderful landscapes no matter where you look at it. Walk through its old streets, surrounded by flowery balconies with its bohemian air, the Church of the Company with its internal treasures, El Panecillo with its spectacular view, the Foch area with its varied offer of nightlife and gastronomy; or, the City of the Middle of the World located a few minutes from the center, are just some of the places that await your visit.



Middle of the world

Sitting right in the center of the Northern and the Southern Hemisphere, the Mitad del Mundo is truly the middle of the world. It is literally a place like no other! After all, where else can you stand with each foot in a different hemisphere?

If you think that the equatorial line is all there is to Mitad del Mundo, you couldn't be further from the truth. From humongous monuments to cool model villages, interactive museums, and markets, there is a lot to discover at the Mitad del Mundo, and it's a great way to spend a day in Ecuador.



Quito Cable Car

For over 20 minutes you can get a wonderful view of the city Quito, cheer up and live a pleasant presence with your family or friends.

The Quito cable car is located in the city of Quito, it is known since 2005 as Teleferiq (pun for "cable car" and "Quito") being this one listed as the highest in South America.



ACCOMMODATION

QUITO OFFERS YOU, COMFORT AND SAFETY



Hampton BY HILTON ★★★★★

SHERATON ★★★★★

DANN CARLTON HOTEL ★★★★★

LE PARC HOTEL ★★★★★

hf HOTEL FINLANDIA ★★★

ibis HOTEL ★★★

REGISTER



- For group registration please send an e-mail to: secretaria@ecumano.org



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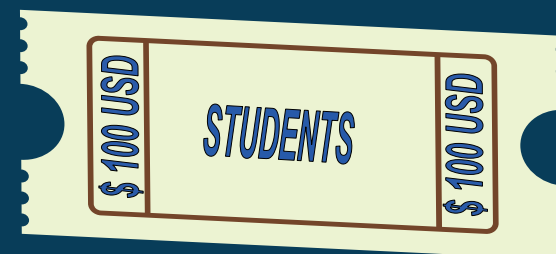


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Registration
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CONTACT US



secretaria@ecumano.org



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+593 999 847 650



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